



Parent Support Services Society of BC

# Parent Support Circles

A supportive space to talk with other  
parents...

**Free • Confidential • Peer Support**

At Parent Support Circles, parents share ideas, experiences and resources with others who are parenting; led by two trained volunteer facilitators.

We believe that every parent is the expert of their own family.

**Our West Shore Parent Support Circle is  
open for registration!**

We meet every two weeks on Tuesday evenings, 6:30 pm - 8:30 pm

**To register, or for more information, call PSS Programs at  
250-384-8042 or email [victoria@parentsupportbc.ca](mailto:victoria@parentsupportbc.ca)**

Visit us online at [www.parentsupportbc.ca](http://www.parentsupportbc.ca)

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