



Welcome to this week's update!

Important Announcements & Highlights this Week



- DMS Wellness Market – Today we hosted a very successful Wellness Market. During the market students were able to connect with community resources, ask questions, and learn about supports available both in and outside of school. This initiative was created in partnership with Island Health and coincided with [Canadian Mental Health Week](#). A huge thank you to Mr. Pollitt who helped to organize this amazing event for our school community.
- Safety over the Summer Assembly – On Thursday each grade will participate in an assembly hosted by Island Health and our school counselling department to discuss safety and supports over the summer months.
- Grade 8 NA'TSA'MAHT Gathering – Indigenous students in grade 8 are spending a memorable day of land-based learning and celebration at Camp Thunderbird on Thursday.
- Parent/Family Survey - Help shape our school by completing the 2026 Student Learning Survey, now open until May 15th. This anonymous survey gathers feedback from parents, staff, and students about school environment, safety, and learning, and helps inform school, district, and provincial planning. Click [HERE](#) to access the survey. Further details provided in attached document.

Learning & Schoolwide Focus



As we move into May our focus is on staying engaged in learning and routines. This is an important time for students to remain focused, build on the skills they've developed, and continue showing effort and responsibility in their work and behaviours.

Important Dates & Reminders



- May 4th – 8th - Mental Health Week
- May 11th – Pro D Day
- May 13th - Fire Drill
- May 15th – Grade 8 Visit to Royal Bay
- May 18th – Victoria Day – NO School
- May 29th – Jump Rope for Heart Fundraiser
- May 30th – Tent and Tarp Sale – More info on our website:
<https://dunsmuir.web.sd62.bc.ca/>
- June 18th – Save the Date! - Grade 8 Leaving Dinner Dance. More information to come.



MAY 6 2026

How Families Can Support This Week



Mental Health Week is a great reminder that small, everyday actions can make a big difference in a person's well-being. Families can support mental health by creating regular opportunities for open conversation, listening without judgment, and encouraging healthy routines like consistent sleep, physical activity, and balanced screen time.

Thank you for your continued support and partnership.

Alexis McKean
Principal, Dunsmuir Middle School

School supply lists for the 26/27 school year are now posted on our website under the students top tab. You now have the opportunity to order through school start; they will ship to your home. Order early to be entered into draws!

Ongoing fundraiser: Mabel's labels! <https://mabelslabels.ca/en-CA/fundraising/support>

Attendance: Please email us in advance at dunsmuir@sd62.bc.ca, and include the teacher, if your child will be absent, late or needs an early pick up. Please visit our website at dunsmuir.web.sd62.bc.ca to view the monthly athletics calendar, resources from our counsellors, and more!

Click [HERE](#) to access school cash online to pay school fees, field trips, and order Friday pizza!

To order Tuesday lunches through PAC, please sign in to <https://dunsmuir.hotlunches.net/>